

MBCA | Niagara Section
Mercedes-Benz Club of America

Guest Speaker Report
January – 2012
by Ed Yungbluth



One would not expect a 10 year old girl to be installing brake lines or swapping headers. But that's just what our most recent guest was doing when she first became interested in all things automotive. Our January meeting was fortunate to have Lauren Fix (aka "The Car Coach") attend and make a presentation based on her most recent book Lauren Fix's Guide to Loving Your Car.

Lauren Fix is a nationally recognized automotive expert who has appeared on most major TV networks, The Oprah Winfrey Show, QVC - to name just a few. Each Sunday she has a very informative column in The Buffalo News and is frequently heard on local radio.

As soon as she began talking, Lauren made the statement that once a person has operated a German car there is no going backwards. German cars, in her opinion are the benchmark by which all others are judged. From then on, Lauren had us eating out of her hand. She continued to regale us with her experiences of owning and driving (and racing) German autos. Useful advice ranged from dealing with fuels containing ethanol, air filters, technical service bulletins, etc. Among her many useful tips was a website she recommended for even the most novice of car buffs:
www.carcare.org.

Lauren's informative and oftentimes humorous presentation ended with a film clip from My Cousin Vinny where Marisa Tomei is on the witness stand and, based on a couple of tire track photos, is able to acquit Vinny's cousin and friend due to her expertise about cars, engines, transmissions, and tires. This clever and funny portrayal of a very astute lady is what Lauren feels represents her life.

I'm sure that all who attended will agree that we would love to have Lauren return again soon.

As you can imagine, Lauren's website is: www.laurenfix.com